

Jamba Kenya Korea

Spring Edition Vol. 9 May-July, 2014

Hollywood Our girl

A quarterly Newsletter of Kenya Community in Korea

Kenya Community in Korea
kenyakorea@gmail.com



PROUDLY Kenyan!



KCK Calendar 2014

MONTH	EVENTS
April	Spring Fling/ KCK BBQ Party Publish the spring newsletter
May	Children's Day
June	Movie Night Official African Day
July	All African Games 2014 KCK Membership Training (MT) Publish the summer newsletter
August	Annual Busan Retreat Korea Tour Election Committee Formation
Sept.	Annual General Meeting KCK Talent show
October	KCK Hikers Club KCK Company tour Publish the Fall newsletter
Nov.	KCK Awards Night Networking Dinner KCK Elections
Dec.	KCK End of Year Party Handing Over Ceremony Jamhuri Day Celebrations

Note: There could be flexibility with dates/events.
If you would like to help plan some of the activities kindly notify our Projects Coordinator (Lynzie) on KCK Facebook or email.
It is your KCK^^

KCK Officials 2014

Position	Name
Chairperson	- Raphael Omala
Vice Chair	-Christine Kathurima
Secretary General	- Cheryl Wanderi
Deputy Secretary Gen.	- Vaccant
Projects Coordinator	- Lynette Muriuki
Deputy Projects Coordinator	- Vacant
Treasurer	- Maurice Macharia
Assistant Treasurer	- Douglas Owino
Public Relations	- Trevor Mokaya
Assistant Public Relations	- Vacant
Ex-Officio I	- Vacant
Ex-Officio II	- Vacant

Tomorrow is pregnant and no-one knows what she will give birth to
- African Proverb

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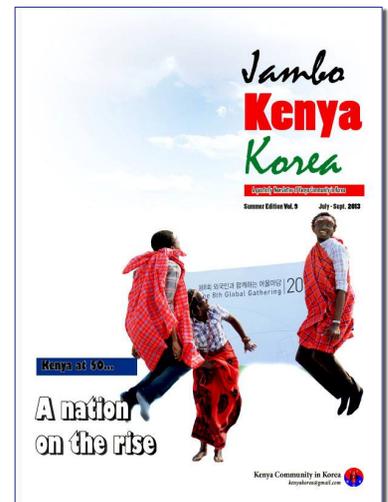
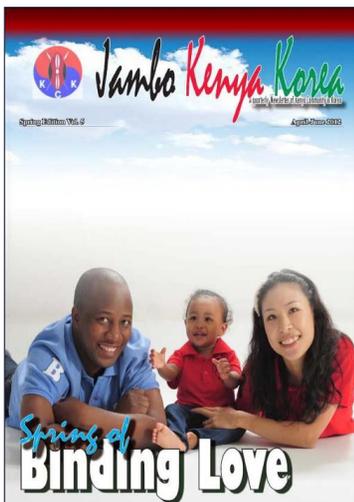
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Seoul to Nairobi DIRECT^^

KOREAN AIR DIRECT FLIGHT SCHEDULE

Routing	Timing	Frequency
Seoul Incheon-Nairobi	22:15-05:30+1	Tue., Thur., Sat
Nairobi-Seoul Incheon	10:30-04:50+1	Wed., Fri., Sun

Source: CAPA – Centre for Aviation & airline schedules





About Jambo Kenya Korea

Jambo Kenya Korea is the official newsletter for the Kenya Community in Korea (KCK), and recognized by the Embassy of the Republic of Kenya, Seoul. It was established in 2011 as a dynamic publication that provides news, KCK and Kenya Embassy events, scheduling and story pieces that celebrate the vision, work, and personnel of Kenya Community in Korea. It is a tool to inform KCK members and friends in Korea and beyond.

Manifestly, Kenya Community in Korea serves a significant number of Kenyans, and is extending its services and membership by including associate members, friends of Kenya and largely the host country – The Republic of Korea.

As an elaborate community, KCK has grown from a social oriented association to a more professional organization with clear leadership framework and communication structure.

In this context, *Jambo Kenya Korea* plays a significant role as a strategic tool of chronological record of seasonal events, interviews and photographic exhibition.

The newsletter seeks to nurture patriotism, cohesiveness and good rapport between Kenyans, Koreans and people from all around the world.

Jambo Kenya Korea is published quarterly in spring, summer, fall and winter.

Publisher: Kenya Community in Korea (KCK)

Editorial Chief: Cheryl Wanderi

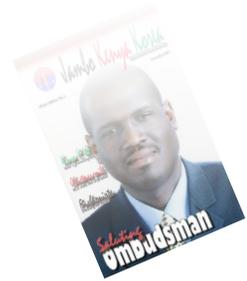
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Contributors: Amb. Ngovi Kitau, Martha Wanjiru, Oketch Aokoh, Dianne Rop, Odoyo Wilfred, Kinyanjui Kinyata,

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From the Editor-in-Chief

I listened to a sermon this Sunday where the preacher was going on about the burden on our generation. She went on about how we need to raise up as a generation, pick the baton that has been handed to us and just run with it. In the crowd were many young people, many, who like me, were terrified by this seemingly huge burden but also tagged by our innermost conscience saying that indeed; it is time for us to take up the responsibility ahead.

In this edition of the *Jambo Kenya-Korea* newsletter, we motivate ourselves! We highlight the steps that we are covering every day towards making better lives for our communities and our nation. We celebrate the ceilings we are breaking and motivate ourselves to even get better. This year alone, we can see many progressive steps that have been taken by our government and the Kenyan Embassy here in Korea. Kenyan Coffee is being sold in E-Mart, the Magical Kenya Roadshow and the Kenya-Korea Economic Forum held in February, among many others.

We, the citizens, are not to be left out. We highlight how each one of us in our everyday lives can unleash the greatness in us and fly the Kenyan flag high. Mr. Oketch takes us through the story of Lavender and how a small group of people can make a huge transformation in one person's life. We celebrate Lupita Nyong'o, who validated that greatness is within each one of us. We share in the greatness of our athletes who are raising the Kenyan flag high; we also move closer to us in Korea and run an exclusive feature of various Kenyans



Cheryl Wanderi,
Editor-in-Chief

amongst us doing great things, yet all, at surprisingly young ages. We also do not leave out celebrating love with the couples amongst us that recently tied the knot and Magnificent Kenya, being the top destination for a group of Korean Students.

While talking about greatness you cannot leave out serious issues that affect our society. Dr. Odoyo, walks us through the thorny issue of responsibility. As he rightly puts it, if you perform poorly in school and get expelled from school or lose your scholarship status that hurts our people. When you perform poorly at work place and not act responsible enough, the government and the economy is hurt.

It is up to us to join hands and make our environment a better living environment for Kenyans to come. During the End Poverty Movement in London 2005, Nelson Mandela reiterated, "Sometimes it falls upon a generation to be great. You can be that generation." We are that generation! Be inspired! Enjoy!

From the Managing Editor

Well, it's me again. The last time I penned on this newsletter, I thought I was kissing my editorial job a sweet goodbye. Not so. Today I am compelled to agree with Jarod Kintz's statement, "Goodbyes, they often come in waves."

I express my heartfelt appreciation to KCK's Communication Committee for inviting me back to be part of this venture as the Managing Editor and Layout Designer albeit temporarily as we seek new talents for the task. To be honest, I was in denial when this publication was seemingly going to vanish.

Allow me to offer my deepest condolences to the victims of the Sewol tragedy. The sinking of a Korean ferry in which over 300 people, mostly students on a school trip have been confirmed dead or listed as missing is certainly a painful loss. Our collective thoughts and prayers are to the parents and friends of the victims. May this country find solace in God's assurance grace.

Readers, I still consider *Jambo Kenya-Korea* a significant platform for information, networking and also a heritage for Kenyans in Korea. It is herein that our dreams, activities, achievements and models are documented and celebrated. Not long ago, our fellow Diasporas



Benson Kamary,
Managing Editor

across the globe had begun noticing KCK's achievements through our outstanding organization, patriotism and consistent communication.

It was a celebration of being true Kenyans. Thus the effort put by the current KCK leadership to have this newsletter back to circulation is refreshing.

As our Editor-in-Chief, Cheryl Wanderi, has mentioned above, the collection of articles in this edition is both diverse and revealing. I therefore inspire to read with bliss knowing that you, the reader, are part of this newsletter. And when you close the newsletter upon reading it all, take some time to contribute to our summer's edition. We welcome constructive critique. Shalom!



From H.E. Kenya Ambassador

Fellow Kenyans in Korea, it is wonderful to see that *Jambo Kenya Korea* newsletter is back after a short absence. I thank all of you who made this to happen.

I take this opportunity to share with you some of the significant updates we have had in the recent past. First, you may be aware that this year is a watershed year in Korea-Kenya relations. Kenya and Korea established diplomatic ties in 1964, which is exactly fifty years ago. It is important to note that these ties have achieved considerable progress both diplomatically and economically. When you read reports from Kenya, you notice that the country is being transformed into an industrial nation. We are now entering into a middle income economy.

In the backdrop of Korea's paradigm shift regarding multilateral ties with Africa over the past 10 years, Kenya has continually benefited from key breakthroughs which Korea-Africa Forum, Korea Africa Agricultural Cooperation Initiative and other such multilateral organs have accomplished. Africa is no doubt the next economic frontier.

As you can read in the pages of this newsletter, KOICA is actively involved in various activities in Kenya. Some of you are in Korea for studies or training courtesy of KOICA.

The tourism sector has continually recorded increasing number of East Asian tourists especially after Korean Air begun direct flights to Nairobi in 2012. The Kenya Tourism Board has increased its marketing campaign in the region through roadshows such as the ones which took place this year in Seoul and Busan. More so, many Korean companies are now investing in Kenya in the energy, transport,



Ngovi Kitau
Kenya Ambassador to Korea

construction, manufacturing and service sectors. Currently, about 900 Koreans reside in Kenya. It is a fact that Kenya remains the largest economy in East Africa and is strategically positioned as a gateway for investments into eastern and central Africa.

I am particularly impressed to let you know that Kenyan coffee is now available at E-Mart chain stores across this country. Korea happens to be one of the biggest coffee markets worldwide and Kenya has to actively expand what is already in the market here.

Now let me also encourage you to continue working hard. Whether you are a student or a professional, Korea opens unique opportunities for you. As patriotic Kenyans, I advise you to take keen interest in such areas as research, content economy (including culture and entertainment industry), ICT, energy sector among other such areas which offer fresh prospects.

I am very thankful to Kenyans in Korea for being united, diligent and focused. Please keep it up. God bless you.

From H.E. Korea Ambassador

On February 7, 1964, under the leadership of President Park Chung-hee of Korea and President Jomo Kenyatta of Kenya, a truly special relationship between the two countries developed. I say special because tomorrow, as the two countries commemorate 50 years of diplomatic ties, President Park Geun-hye of Korea and President Uhuru Kenyatta of Kenya, daughter and son respectively of the then presidents, are at the helm of leadership in the two countries.

Park Chung-hee laid the foundation that spurred socio-economic development in Korea while Jomo Kenyatta was the founding president of Kenya. Currently, Kenya is working towards becoming an industrialised middle-income country as outlined in her Vision 2030. One of the main challenges to the course of this journey is the high unemployment rate. Korea's willingness to share the lessons learnt from her manufacturing history with Kenya will lead to a win-win situation. Further to this, as a leading country in ICT, Korea has experiences to share with Kenya in the incorporation of the technology to create employment opportunities, especially in the light of Kenya's prioritisation of ICT as one of the crucial sectors in the achievement of Vision 2030. Korea believes that the enhancement of labour quality and the use of appropriate technology are important



Chan-Woo Kim
Outgoing Korea Ambassador to Kenya

for socio-economic development. For this reason, Korea contributed to the Technology Development Center in Athi River, which has state of the art training equipment and modern facilities to offer technology training and transfer. Additionally, through the Korea International Cooperation Agency (KOICA), the government of Korea in collaboration with the National Industrial Training Authority (NITA) under the Ministry of Labour and Social Security of the government of Kenya starting this year will embark on the establishment of the NITA master plan for industrial training.

I believe that creative economy offers the solution to the high unemployment rate, income disparities and slow economic growth. I look forward to products made in Kenya being exported all over the world. *(Original version published by The Standard, Feb. 6, 2014)*



From the Chairman

Our community welcomes the opportunity to address the plenary of the approaching dawn of the 21st Century. As we expend enormous energies to develop our community which is socially vibrant, united and prosperous. In the long term, community-building efforts will succeed only to the extent that they link material progress to fundamental spiritual aspirations, respond to the increasing interdependence among the people and establish a framework within which all people can become active participants in the governance of their societies.

Human nature is fundamentally spiritual. Communities are unlikely, therefore, to prove prosperous and sustainable unless they take into account the spiritual dimension of human reality and seek to foster a culture in which the moral, ethical, emotional and intellectual development of the individual are of primary concern. It is in such a milieu that the individual is likely to become a constructively engaged, service-oriented citizen, working for the material and spiritual well-being of the community, and that a common vision and a shared sense of purpose can be effectively developed. It follows the material aspects of community development -- environmental, economic and social policies; production, distribution, communication must be driven by spiritual principles and priorities.

People are being drawn together as they become more and more dependent upon one another as we become home to an increasingly diverse population. This growing interdependence and the intensifying interaction among diverse people pose fundamental challenges to old ways of thinking and acting. How we, as individuals and community respond to these challenges will, to a large degree, determine whether our community will become nurturing, cohesive and progressive, or inhospitable, divided and unsustainable. Not only must this principle come to animate relations among the people of the community, but it must also be applied within both here in

“The community must move toward more participatory, knowledge-based and values-driven systems in which people can assume responsibility...”

Raphael Omala
KCK Chairman



Korea and back home in Kenya if we are to prosper and endure as a community

Top-down models of community development can no longer adequately respond to modern day needs and aspirations. The community must move toward more participatory, knowledge-based and values-driven systems in which people can assume responsibility for the processes and institutions that affect their lives. These systems need to be democratic in spirit and method, and must emerge on all levels of society naturally old ways of exercising power and authority must give way to new forms of leadership. Our concept of leadership will need to be recast to include the ability to foster collective decision making and collective action. It will find its highest expression in service to the community as a whole.

Ultimately, community which is founded on these principles will continue to thrive and prosper in the new millennium, and will prove to be the pillars of our Nation and I believe that all people are “born to carry forward an ever-advancing civilization,” implies that every person has both the right and the responsibility to contribute to this historic and far-reaching, collective enterprise whose goal is nothing less than the peace, prosperity and unity of our community and Mother land Kenya.

Sewol Tragedy: A message of condolence



I would like to register my profound condolences to the families who lost their loved ones when the Sewol ferry accident occurred on April 16. Although far in Kenya, my prayers are with the families and may God rest the departed souls in eternal peace. My prayers also go to those who were injured and I wish them a speedy recovery.

- Ngovi Kitau, Ambassador



The KPBA unveils website

Kenya-Korea Professionals and Business Association is happy to announce the launch of a new website (<http://kprobiz.com/>). This will be used to promote the services of the Association, disseminate news, and announce activities of KPBA and archiving past events. Also a section of the constitution will be available for interested parties.

Please visit and follow the link to like our facebook page and let us know what to improve on. Prosperity for all.

<http://kprobiz.com/>



Kenyan professionals mark one year

KPBA, a branch of KCK bringing together professionals and business group within the Kenya Community in Korea just celebrated The First Year after its inception. The April 6th, shall be the KPBA Foundation Day and celebrated annually. After a successful launch late last year, KPBA members renewed their commitment to fulfilling the very vital mission of socio-economic empowerment to its people. We get connected to different people, organizations, companies, and corporations within and outside this calm-host-nation of Korea on a daily basis through social networking.

The power of social networking and the information mining and sharing within the community has unearthed the potential we have as a group and individual talents have been displayed in various ways. Kenya is a habitat for multi-cultures (social, languages, traditions, history, geopolitical) but all united into one nation under God. Our people especially in South Korea have been very good ambassadors to our nation Kenya representing us on a number of platforms.

However the magnitude of these efforts, within the community and outside of it, the excellent performance by our students, the tenacity of our businessmen/women to succeed in this economy, the services of the professionals in different fields of work, the labor provided in various industrial sites, our men and women in



Wilfred Odoyo, Ph.D.
KPBA Chairman

the moral education sector cultivating the spiritual vitality elements we need for internal growth, the prowess we display in athletics all make us who we are. We have stamped our feet on this land and no one will erase all these in a flash for personal benefits. Recognized or not, we are still the true ambassadors of our great nation Kenya. We have learnt what 'uri' in Korean is and we must exhibit that culture when the time is demanding.

After a great day of activities we exchanged personal views on various topics. I will share them with you in my own words and some could reflect my strong personal opinion.

The government, What is government? Who is government? How does it come about and why? Where is the line between you and the

Continued page 10

KCK's students chapter outlined

Welcome to our team! It is with much gratitude that I take this chance to welcome you all to the Kenya students in Korea community especially all the students across the border. This is a branch of KCK Community that will be mostly dealing with issues regarding the students' welfare here in Korea.

Purpose: The main purpose of this group is to bring students together and share in the different endeavors and help nurture them into becoming successful people of the society while far away from home. However our greatest goal is to serve you and see that you are all comfortable.

Background: During the meeting held in April last year (2013), The Kenyan Community in Korea agreed to split the community into two so that it would be easier to reach and involve as many members as possible, have an easier way to deal with everyone's issues by involving everyone in the betterment of the community from all dimensions as soon as possible, conveniently and professionally. The Kenyan students' association heads that were elected on the basis of the majority vote are: Chairman - Kinyanjui G. Kinyata, Secretary - Julliet Okoth, Treasurer - Ruth Kihuha.



Kinyanjui Kinyatta
KCK Students, Chairman

Membership: Every Kenyan who is a student in Korea is eligible to participate freely and air their views on equal terms. We will highly appreciate your cooperation and we hope to have a good time together as we all work together towards achieving our goals.

Our first meeting will be held on July 6th 2014 and on this date we shall discuss on the way forward of the association. As the chairman of this group I will leave with you to learn your problems and I will leave with God to help me solve them.



Kenya's AA coffee now selling at Korea's E-Mart chain store

By Kang Hyun-kyung, Adapted from *The Korea Times*

The nationwide retailer chain e-mart unveiled a fresh batch of Kenyan and Indonesian coffee last week to better serve coffee-loving Korean consumers with quality coffee. According to e-mart, Kenya AA and Indonesian coffees are up to 74 percent cheaper than existing coffee on the market as its global purchasing staff buy fresh coffee beans directly from farmers in the countries. The price tag of OTHAYA Kenya AA coffee is 21,900 won per kilogram, 70 percent cheaper than coffee on sale at coffee houses.

Indonesian coffee is even cheaper than the Kenyan brand at 19,400 won per kilogram. Kenyan Ambassador Ngovi Kitau was excited about the nation's largest retailer's launch of the fresh coffee from his country. He said Feb. 12 was "one of the most memorable days" in his country's bilateral relations with Korea as e-mart launched the marketing and selling of Kenya AA coffee through its 141 nationwide stores.

"We are very grateful for e-mart because they have made it possible for many cafes in Korea that cannot afford to ship a container of coffee which retails at an average of \$100 million per container to pick a kilogram or two of roasted premium coffee beans from Kenya at its 141 stores," Ambassador Kitau said after attending the promotion event hosted by e-mart on Thursday.

"This is an excellent start in the Year of the Blue Horse." According to the Embassy of Kenya, the consumption of Kenyan coffee in Korea has grown fast over the past years. In 2007, imports were valued at



Kenyan Ambassador Ngovi Kitau, second from right, poses with other participants in an event to promote the selling of Kenyan coffee by the retail giant e-mart under the brand name of Othaya Kenya AA.

\$140 million. The figure rapidly rose to nearly \$600 million last year, the embassy said. The retailer chain has introduced what it called "half-priced" coffee since last year. It introduced cheaper coffee from Brazil, Colombia and Hawaii last year, which were a big hit. The retailer said that these coffee brands are one of top three items it sold last year.

Kenya Tourism Board woos South Korean tourists

Kenya Tourist Board and the Embassy of Kenya in South Korea have on February 26 and 27, 2014 hosted a tourism promotion event in Seoul and Busan, respectively. The event was designed to attract more Korean tourists to the African nation by building networks between Kenyan tour agencies and Korean tour organisations.

During a speech to the Magical Kenya Road Show at Lotte Hotel in Seoul, Ambassador Ngovi Kitau vowed to work hard to achieve his government's goal to attract three million tourists by 2017. "The government of Kenya has identified Korea as one of the key markets in Asia that will contribute towards our target of 3 million visitors by 2017," he said. The envoy stressed that Kenya is a safe tourist destination. "The government of Kenya is committed to protecting its citizens and visitors against any negative occurrences. In this regard, there is enhanced security at airports, tourist facilities and all other public areas as a priority for the Kenyan government."

Seven companies from Kenya's tourism industry joined the tour promotion event in South Korea.

KTB managing director, Muriithi Ndegwa, said Kenya's reputation as a tourism destination has risen recently as it was voted the world's

leading safari destination by the World Travel Awards 2013. "Korea has the potential to boost tourism numbers in Kenya as it is joining the league of emerging markets that we are very keen on, and we have put efforts into wooing more travellers," he said.

The number of Korean tourists to the African country has sharply grown in recent years. According to the embassy, 7,351 Koreans travelled to Kenya in 2011 and the figure rose to 9,422 in 2012. KTB attributes the non-stop Korean Air flights from Seoul to Nairobi as one of the driving forces behind the increasing numbers of tourists to the East African country of 41 million. (From *artmatters.info*)





KOICA office to boost Kenya's development initiatives

By Hilary Kimuyu, Nairobi

The Korea International Cooperation Agency (KOICA) office in Kenya acts as an engine of implementation for the economic relations between Korea and Kenya. The office was set up in order to share Korea's unique experience with Kenya which shares quite a number of similarities with Korea given that both countries have a strong human resource of 43 million and 50 million respectively. Compared to other established agencies like JICA and USAID which opened their offices in the 1960's, KOICA is still emerging having opened its office in Kenya in 2007.

Currently KOICA's focus in Kenya is enhancing the quality of life by providing sustainable access to safe drinking water, increasing education opportunities for women, children and youth, thus promoting gender equality and providing youth employment opportunities; Improving administrative capacity and support improvement of public systems through capacity building.

In the field of enhancing the quality of education, KOICA works with 10 schools located within Nakuru and Thika in addition to providing scholarship and training programmes on governance and industrial training. KOICA started working with the Ministry of Labour and the National Industrial Training Authority on the National Industrial Authority master plan with a pilot project in Kisumu and Mombasa. In the field of vocational training and youth empowerment KOICA has given a loan to the Athi River Technical Centre in Kitengela in order to increase its efficiency.

So far KOICA is actively engaged in Public Private Partnerships (PPP's) otherwise referred to as NGO support programmes, where they support 35 Korean NGO's based in Nairobi working in the field of education, vocational training, health and rural development. One of the various complete projects that KOICA is highly credited for is the Awendo water supply that provides 2,000 tonnes of clean water daily covering more than 35,000 people and is projected to increase to 50,000 people catering to the entire Awendo town. The Government of the Republic of Korea believes its most valuable asset is its own development experience, and seeks to offer assistance in line with the development priorities of the recipient countries, whilst sharing its own economic experiences and allowing them to decide where and how to apply it. Over the years it has delivered its accumulated knowledge and experiences, worth over five decades, to partner countries and would no doubt like to contribute itself for the socio-economic development of developing countries.

Korea's Official Development Assistance (ODA) consists of three types of aid: Bilateral loans, bilateral grants and multilateral assistance. Bilateral loans are provided on concessional terms under the Economic Development Cooperation Fund (ECDF). Bilateral grant aid, through KOICA, comprises of technical cooperation in the fields of education, health environment, ICT, rural development and governance capacity building. It also includes various types of transfers e.g. dispatch of experts and volunteers, invitation of trainees and provisions of equipment with no obligation for repayment whatsoever. Multilateral

With the establishment of KOICA Kenya Office in 2007, Korea has continued to increase aid to the nation for its economic and social development.



Hilary Kimuyu
Nairobi, Kenya

assistance is delivered either as financial subscription or contributions to international organizations.

KOICA under the authority of the Ministry of Foreign Affairs implements and administrates the grant aid and technical cooperation program of the Government of the Republic of Korea, thereby contributing to strengthening cooperative relationships between Korea and developing countries and promoting socio-economic advancement of the partner countries.

With the establishment of KOICA Kenya Office in 2007, Korea has continued to increase aid to the nation for its economic and social development. It aims to integrate its development experience and comparative advantages into development projects/programs in Kenya. Some feel that Korea's ODA is quite modest and could increase its role in international development efforts to better inspire partner countries.



Are you a Kenyan Professional in Korea?

Contact

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Facebook: KCK Professional Business Association

<http://kprobiz.com/>



Korea, Kenya open business forum to boost trade ties

By Philip Iglauer

Kenya and South Korea launched the first-ever organization dedicated to upgrading commercial ties between the East African nation and Asia's fourth-largest economy. Key South Korean business leaders met with Kenyan Ambassador Ngovi Kitau in a launch ceremony in southern Seoul on Feb. 27.

The Kenya-Korea Economic Forum will include 17 South Korean business leaders, such as Shinn Tae-yong, chairman of Korea Importers Association (KOIMA), and Chung Kun-mo, a member of Kenya's National Economic and Social Council and adviser to the Kenyan government. "The bilateral relationship has taken a giant step forward. This is the day the Korean private sector came on board in full force and this is the team that will spearhead trade and investments between Kenya and Korea," Kitau said.

The Kenyan envoy said that the participation of members of KOIMA is crucial, as the organization has over 8,500 member companies and handles some 75 percent of all Korean imports.



Kenyan Ambassador Ngovi Kitau (front row, second from right) is joined by top South Korean business leaders during a launch ceremony for the Kenya-Korea Economic Forum in southern Seoul on Feb. 27.

South Korean imports totaled some \$516 billion in 2013, but Kenya's share of that amounted to just \$30 million. Kitau estimates that there are 325 products imported into South Korea, totaling approximately \$111 billion, which could have been sourced from the East African country. "With the launch of this forum, the situation is now going to change and Koreans will get a better value for their money so that they can truly enter an era of happiness," he said. *Adapted The Korea Herald*

Kenyan professionals mark one year anniversary

From page 7

government? Kenya is a nation formed from many societies together.

The very basic unit of the society spring from you and me as individuals, to families which in turn make the bigger units. The government is a single UNIT put in place to 'govern' the people. A government worker is a position which changes depending on the responsibilities each and every one of us has at a particular time and period. So the government is you and me. There is no lesser government and a higher government. The cycle is from civilian -> government -> civilian. Whatever you do as a government or as a civilian should be for the benefit of the very one unit, Nation, if not the entire globe. Could be an off topic but a call for us to reflect who we are and what are our duties and responsibilities towards strengthening the unit, Kenya.

I urge everyone to continue doing what they know best to build carriers, pockets, experiences and our social network. Kenya is known for the warm-welcoming heart and we never mistreat guests but share the little we have. I went home and saw many Koreans trying to discourage their fellow Koreans visiting Kenya not to trust and mingle with their own easily. I have had same experience here with fellow Kenyans blocking and personalizing our fellow brothers and sisters

not to interact with KCK and discouraging them in many ways. This is not what we stand for as a community. Let us be different and stand out as open and loving people. We belong to a free economy and so let us all try to be free in all our horizontal relationships with each other.

On the foundation of the old boys and girls who stepped unto this land much earlier than us so we stand. And on the foundation of the stride we make today shall the future Kenyans yet to step on this land stand. A decade in this land is long enough to see good and great people come and go, and I know my time is soon coming and there are no gabions to be built on the way to prevent that. The only thing we can all do is to join hands to make this place a better living environment for Kenyans to come. It is on this basis that we all sacrifice and give ourselves to establish institutions which will go a long way to serve Kenya Community in Korea. Let's unite on this purpose and act responsibly knowing that choices have consequences. If you perform poor in school and get expelled from school or lose your scholarship status that hurts the government. When you perform poorly at work place and not act responsible enough, the government and the economy is hurt. Lastly I urge all of you to participate in the leadership of the Community and the various bodies within it.



Kenyan wins Seoul Marathon

By Jambo Kenya Korea Reporter, Seoul

Kenya's Helah Kipron was the women's winner in Seoul marathon after clocking 2:27:29, improving by 33 seconds on her personal best. She finished fourth last year in the Berlin Marathon. The leading group in the women's race went through the halfway mark in 1:13:16. The pace slowed between 25 and 35 kilometers, with the result that the lead group was still together at 35 kilometers, reached in 2:02:44. After that Kiprop and Ethiopia's Ashu Kasim began to increase the tempo and soon the race turned into a head-to-head duel between them.

Kiprop and Kasim were together at 40 kilometers, but at almost exactly the same point where Jarso made his final move in the men's race, Kiprop put things into overdrive and Kasim was not able to keep up. Kasim, who's 29, same age as Kiprop, would finish second in 2:27:45, some 16 seconds behind Kiprop's 2:27:29. Namibia's Helaria Johannes, 33, was third in 2:28:27, Kim Seongeun, 25, of South Korea fourth in 2:39:31 and Azalech Masresha, 25, of Ethiopia fifth in 2:29:47.

Ethiopia's Yacob Jarso, who was fourth over the barriers in the 2008 Olympic Games 3000m steeplechase, won the Seoul International Marathon, men category, in huge personal best of 2:06:17 on Sunday (16). Ten runners, led by Jarso, went through the halfway point in 1:03:23, just outside the pace needed to challenge the course record 2:05:37 set by Kenya's Wilson Loyanae in 2012. Kenya's Stephen Chemlany and Gilbert Kirwa were second and third respectively.

Tujuane BBQ: We've got you covered

Do you know a place in Korea with Kenyans and has not been covered? Let us know and we will get working on integrating it into the KCK Community.



Tujuane BBQ

There is a long weekend coming up and KCK has got you covered!

Venue: Nanji Camping Site, Seoul

Date: 3rd May 2014, 12:00-5:00 pm

The charges are 3,750 won entrance and 15,000 will cater for all the food and drinks and all other necessities.

RSVP on our FB event

Web: <https://www.facebook.com/events/871502312876951/>

Come for the best weekend & enjoy the cool Hangang Breeze.

Pomp and color as Kenyans in Korea wed

By Ian Wafula

Leonard Ntonja and Pierrinah Kagweni (see group picture below) a tied knot recently at Cheonan Asan. Similarly Maurice Njoroge and Jessica Gill (see inset) also exchanged vows, in Seoul. It was indeed pomp and color as Kenyans in Korea attended and participated in big numbers making both events a Kenyan affair even amid multicultural diversity in place. KCK wished them blessings and prosperity.





Sunmoon students say Kenya is the best choice

By Eric Joe, Seoul

Students from Sunmoon University were asked to choose a destination of their choice in the world, with sponsorship from the University, and their first choice was Kenya! Their mission was to go and introduce Sunmoon University to Kenyan Universities, visit National parks and interact with Celebrities, Kenyan people, Korean companies in Kenya and politicians and tell them about Korea.

They went to Kenyatta University, Nairobi University where they helped taught Korean. They visited several homes and slums in Kibera and met Nameless and discussed his possible visit to Korea this August.



Korean students in Kenya during their tour

Museum awarded for aiding Korea-Kenya understanding

By Philip Iglauer

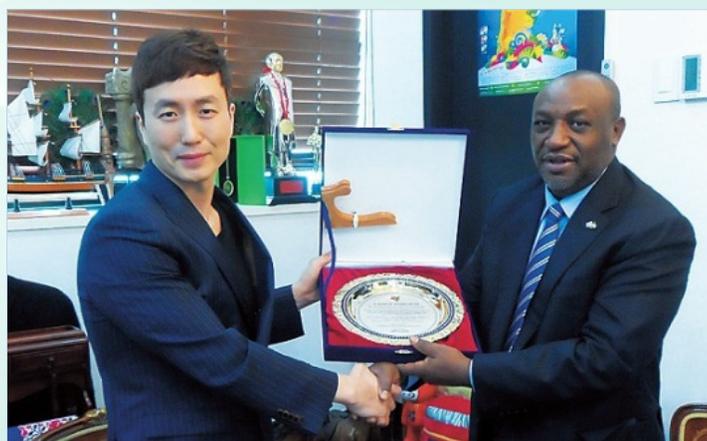
The Kenyan Ambassador to South Korea presented a plaque of appreciation to the CEO of the Multiculture Museum for the work he is doing in promoting mutual understanding between South Korea and Kenya and for promoting Swahili, the East African country's official language, in Seoul on April 11.

Kenyan Ambassador to South Korea Ngovi Kitau presented the plaque to Kim Yun-tae, CEO and president of the Multiculture Museum, at the museum in Seogyo-dong, Seoul.

"He has been doing an excellent job in promoting Kenyan culture in the Republic of Korea, as well as teaching Swahili, Kenya's national and official language, at the museum. He has also printed Swahili course books," explained Kitau.

Kim is now developing a plan to open a Korean culture village in Kenya complete with radio and TV stations to promote Korean culture and the Saemaul Undong Movement philosophy in Kenya.

The Saemaul Undong (New Village Movement) was a rural development policy implemented during the regime of former President Park Chung-hee. (*Adapted The Korea Herald*).



Kenyan Ambassador to South Korea Ngovi Kitau (right) presents a plaque of appreciation to Multiculture Museum CEO Kim Yun-tae at the museum in Seogyo-dong, in Seoul on April 11.



KCK is updating its database for Kenyans in Korea or those who have left. Kindly fill in this form, it takes a minute or so. For logistics and in case of anything, let us know if you are in Korea. <https://docs.google.com/forms/d/1PoGMYnZM2aR4HiELSdsuDdyMILhylL4gxsfE47OLE08/viewform>



Rufftone named Korean Embassy's goodwill envoy

By Hilary Kimuyu, Nairobi

Award winning gospel singer Rufftone, has landed a lucrative special diplomatic job with the Korean Government – the first of its kind to be held by a Kenyan youth. In September of 2013 the singer received an invitation from the Korean ambassador to Kenya Kim Chan-Woo and his deputy after which they accorded him the new appointment.

His role will be bridging the gap between Kenya and Korea on a number of issues touching on technology, agriculture, tourism, and youth development.

“I thank God for the offer. I am humbled,” said Rufftone. His appointment was officially endorsed on October 3rd during a second meeting with dignitaries from Kenya and Korea. He will be expected to help in reconciling both countries cultures.

As expected, the new position comes with a number of profitable benefits. It is however not clear yet whether his duties will include flying out of the country to export our culture to the land of kimchi.



Rufftone Receives His Certificate of Goodwill Ambassador

Lupita named world's most beautiful person

Kenyan Oscar-winning actress Lupita Nyong'o, 31, has been named the world's most beautiful person for 2014 by People magazine. She said she “never dreamed” she would be praised for her looks and find herself on the US weekly's cover. Nyong'o shot to fame in the film 12 Years a Slave, winning the Oscar for best supporting actress last month. She subsequently won her first major endorsement when she became the new face of French cosmetics giant Lancome.

Nyong'o said it was “exciting and a major, major compliment” to be on the cover of People. “I was happy for all the girls who would see me on it and feel a little more seen,” she is quoted by the magazine as saying. She received an Academy Award this year in the category of Best Supporting Actress for her portrayal of Patsy in the Steve McQueen-directed film. “It was exciting and just a major, major compliment,” the 31-year-old says of gracing this year's cover. And especially, “I was happy for all the girls who would see me on [it] and feel a little more seen.”

Born in Mexico and raised in Kenya, Nyong'o first equated beauty with what she saw on television: “Light skin and long, flowing, straight hair,” she says. “Subconsciously you start to appreciate those things more than what you possess.” Her mother, Dorothy, who is the managing director and head of PR for the Africa Cancer Foundation, “always said I was beautiful,” Nyong'o adds. “And I finally believed her at some point.” As a teen, Nyong'o dyed her hair every color – except blonde – and even went as far as shaving her head bald. “It was very strange and very cold!” she says, laughing. “It was scary but I like to dare myself.” Now she says the best compliments are “when I have been called beautiful with not one drop of makeup on,” she adds. Adapted from *BBC/People Magazine*.



Oscar-winning Kenyan actress Lupita Nyong'o, 31.

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<http://www.magickkenya.com/>
<http://www.epckkenya.org/>



Traditional Asian medicine and the rise of poaching in Africa

It is no secret to anyone that a sudden and astonishing spike in rhino horn demand and the concomitant rhino poaching have transpired in the last few years. This unforeseen development coincides with the belief that the rhino horn has medicinal value. With Asia's growing wealth most people who believe in traditional medicine will pay any price to get their hands on a piece of the horn. Several countries in Eastern and Southern Africa were able to address previous threats to wildlife populations through poaching and illegal trade in wildlife products in the 1970s and 1980s. Some countries like Kenya banned hunting and imposed effective enforcement measures to curb poaching. Control measures were effected with commendable success and, with a decade, populations of main target species like rhino and elephants had stabilized and even started to increase.

However, in the last few years there has been a sudden increase in poaching and illegal trade in wildlife products. Field observations in several countries indicate that wildlife poaching and illegal trade have escalated to the catastrophic levels of the 1970s and 1980s. The recent trends are such that countries must take tough measures to save their wild life heritage. Countries within the sub-region have taken different positions on control of wildlife products, particularly on rhino horns and elephant tusks.

They have taken contrasting stands in CITES negotiations. And have portrayed varying commitments to implementing relevant regional and international agreements. The varying positions and commitment have opened loopholes for illegal trade in wildlife products. There have been reports of large illegal shipments of rhino horns and elephant tusks from Southern Africa and from the Democratic Republic of Congo through Kenya and Tanzania ports.

By far the most worrying driver of wildlife poaching and illegal trade are the external markets which have opened up in the last few

It is naïve to think that conservationists can suddenly change their attitudes now by showing them photographs of an armed anti-poaching team mourning over a hacked up rhino.

Hillary Kimuyu
Nairobi, Kenya



years, particularly in China, Vietnam and Korea. Large quantities of illegal shipment of elephant tusks and rhino horns are illegally traded as more countries in the sub-region engage in development partnership, trade and tourism ventures. Of course it will be naïve to argue that our countries should refrain from development partnership with these countries. We have to face this new challenge of a huge market for wildlife products posing a threat to our wildlife population.

Blood is being shed daily. Penalties against poachers are mild, and steps to boost them have been slow. And in the real world of cold harsh economics, efforts to curtail supply seldom lead to desired reduction in consumption. I met a Korean recently who went ahead and tried to 'educate' me about the benefits of a rhino horn and he went beyond the basic Korean version of TAM to embracing mythical powers of animals based on anthropomorphic views. Incidentally, he had two characteristics similar in all the people who use rhino horn as TAM - they couldn't care less about animals and they are exceedingly xenophobic.

It is naïve to think that conservationists can suddenly change their attitudes now by showing them photographs of an armed anti-poaching team mourning over a hacked up rhino. In fact, attempts to publicly shame them have only induced resentment.

There is one particular message that might be effective, however. It's one that tells the truth; and the truth is that rhino demand is being fueled by con artists, not by Traditional Asian Medicine in Asia.



Lavender Atieno: A Story of TRANSFORMATION

This is an amazing story of a life - a future transformed through the power of concern, care, and attention. Lavender was born in 2005, she lost her mother at the tender age of 2 months and was brought up by her grandmother who even breastfed her. Her father who is a casual labourer remarried and as it goes with stories of harsh step mothers, hers was no different. She grew up faced with, malnutrition, marasmus, was depressed and very withdrawn. She was not as playful as kids her age and lacked energy to even keep awake in class. Her head was full of ringworms and scabies. She was a lonely kid lost in an uncaring world and her school performance suffered.

All this was set to change when Laura Barkan, OCI Lunch Program director saw her in Class 1 looking shabby, introverted and weak. She inquired about her background and the road to her dramatic transformation began. She learnt that Lavender survived on one meager meal a day and came to school every day after walking for 2 kilometers hungry. Ouko Community Initiatives through its partners in United States of America had started a lunch program that benefitted over 600 pupils at Menara Primary school. Laura was greatly moved and offered to assist in Lavender's recovery and improvement.

She asked how she could intervene and the Project Manager in consultation with the class teacher suggested that the program give her one cup of enriched porridge every morning that was being served exclusively to Menara preschoolers. They suggested showing extra concern and interest in her wellbeing. Laura granted this request and allowed Lavender to begin giving the child porridge free of charge.

I interviewed Lavender and one of her siblings to understand her background. Lavender lives with her elder brother Daniel Opiyo who is in Class 6 (6th grade). He cooks the little food their father brings irregularly. It mainly consists of ugali and vegetables. Breakfast is a meal she never knew and Lavender admits her best meal are the rice and beans she has in school. Her ambition is to be a teacher when she grows up and may be due to the influence of her teachers as her only source of maternal care and love.

Fast forward to today: Lavender is a cheerful kid with a permanent smile on her face. Unlike before, her face lights up whenever you call her. She is very good in English and Mathematics with superb handwriting and actively participates in group work. She is never shy, likes perfection and is very keen in her work. Her best friend is her classmate, Nicole Natasha.

Her performance has improved as is shown below. She is among the top ten pupils in her class in all subjects.



Oketch Aokoh,
Project Manager at Dr. Ouko Project

All KCK members and friends of Kenya in Korea and indeed all over the world are welcome to partner with us at OCI in our overall strategy which involves: using information, education and communication (IEC) as a means to create change in people's lives and provide opportunities through skills transfer. Through various activities and initiatives OCI intends to build capacities and invest in people (manpower) to empower and increase their productivity.

EXAMINATION	ENG.	KISW	MATH	SCIE	SOCIAL	TOTAL	POSTION
MID TERM 1 2013	86	84	80	86	88	424	6/69
END TERM 1 2013	66	80	67	78	92	377	17/69
MID TERM 2 2013	82	72	90	88	80	412	11/67
END TERM 2 2013	74	72	96	76	82	400	4/68
HEAD START TERM 3	90	98	86	80	90	444	4/55
MID TERM 3 2013	94	92	92	90	86	454	24/66
END TERM 3	87	98	98	86	82	451	7/69



Know Your KCK Regional Leader:

These are the current KCK regional leaders:

- Mr. James Mullah- KCK Gwangju (mullahjames@yahoo.com)
- Paul Muthusi - KCK Busan (happyworld21@yahoo.com)
- Mr. Paul Mugwe- KCK Daejon (paul.wanyeki@gmail.com)
- Ms. Dianna Rop-KCK Daegu (dianacrop006@gmail.com)
- Mr. Eric Joe- KCK Cheonan (joeric85@gmail.com)

Be part of the connection!

Wall of Honour

Kenyans doing great things

By Cheryl Wanderi
Columnist



Antony: He won a marathon, again

Antony, a Kenyan athlete, for the second time raised Kenyan flag high as he wins the annual Samcheok Hwang hyeounjo International marathon in a record of 2hrs 24min. He had won the same marathon two years ago and had a repeat of the same. Speaking through live interview, Antony said that despite his experience in marathon, he faced stiff competition from the Ugandan and Ethiopian counterparts who came second and third in the race. He also added that the Samcheok course was a tough one due to the numerous hills and valleys and the strong wind that blew after he crossed the 28km mark. He concluded by promising to better his record come next year.
By Francis Orero



Opar: Creative engineer leading mega projects

Kindly give us a brief introduction of yourself: Many people call me “engineer”. By profession I am an aerospace engineer. I did most of my A level education in Korea from a university in Gwangju. With Doctorate degree in Aerospace engineering I have worked in several Korean engineering companies as a researcher and currently in a managerial position working on several engineering projects.

What was your experience when doing your PhD in Korea? Any advice to Kenyan students? Studying for Ph.D. in any major isn’t easy regardless of the country, however Korea has additional challenges ranging from language issues, amount of time one is expected to put-in and obviously the quality and level of perfection expected by Korean professors or institutions not forgetting cultural differences where one has to live up to and give in to your seniors at all times. Anybody who therefore wishes to pursue Masters or Ph.D. in Korea must be ready to work long hours, publish papers in several journals and never forget that Korean language and culture is central to succeeding throughout once pursuit here.

Tell us more about your investment projects: I am currently heading a cement grinding plant and deep sea jetty design and construction project in cameroon that should be followed by a waste to energy production plant project. Hopefully I will be handling the same projects in Kenya.

Did you think it would grow this big?: The magnitude of each project differs. Personally in the early year in my research work I worked on several Korean government small projects I think that it’s always advisable to start from a scale within one’s capability, education and

level of comfort. From the reference of a list of successfully completed small projects it becomes very easy to scale up to mega projects as we are doing now it was an expected growth

Normally for everyone in business, the big question is how you begin. So how did you start to bring investors from Korea? There are so many

potential projects and ready projects to be done between Kenya and Korea or even other countries, it would be my advice to only take or handle projects within your line of specialty or education. Investment requires one to have managerial skills if at all you’re interested in becoming part of it.

What was the most exciting and challenging bit of the project? Project implementation is obviously the major obstacle to any project, often we run into other agents that are also trying to get a commission or take part in the project. It is important to be able to filter out serious investors from people acting on behalf of one party.

What else do you like doing?: I exercise by playing golf, I also like watching educational channels like national geographic especially those related to engineering. I read extensively though and always try to get engineering licenses.

Any words of advice to future entrepreneurs? Hard work pays.



George Opar, Ph.D.
Aerospace Engineer



Christine: Visionary with a heart for leadership development

Kindly give us a brief introduction of yourself.

I'm Christine. I have a passion for people, potential and purpose. I was born and raised in Kenya, I moved to the US for around 15 years. I worked in health care management and philanthropy. I met my Korean husband there and today we live in Korea with our daughter, Abby Malaika (Angel). I'm a student in graduate school pursuing a degree in Development Policy at the Korea Development Institute (KDI). I also work full time as Head Native English teacher at a private boarding school, the Chungnam Samsung Academy

Mother, wife, student, work, KCK Vice Chair . You wear many hats. How are you able to balance all that out?

Lots of prayer to keep spiritually and mentally healthy and lots of "To do lists". I'm a heavy planner and organize all my days based on MITS – the most important tasks I need to do. I prioritize tasks and refresh that list daily as I check things off that list. There are five things that keep me going – faith in God, my wise husband who always sees the best in me, my sweet baby, my parents' dreams and the vision I have for my future.

You are also very passionate about empowering young people. Tell us more about that.

I moved abroad as a teenager and understand what it feels like to be away from home. The new culture, expectations of success – it's tough to know how to do it all. Under such circumstances, young people need to be reminded of their purpose, to be given wise guidance and also need to uncover their strengths that lie in them. I believe that we need each other – we are interdependent - and need to make others a priority.



Christine Kathurima (left) and her family during Christmas.

What about KCK. What is your vision for KCK?

I see KCK as a very powerful tool for support and for change for students and for professionals – we are fortunate to have such an organization in Korea. It is my desire that members would support each other. I envision a KCK with monthly speakers to share knowledge and advice. That we'd also have many events where we can chat casually and build such a strong network that we'd become life-long friends. That we would meet and have an annual conference where we come up with Kenyan solutions for Kenya's problems – because we have to understand the power we have as citizens to control the destiny of our nation. This is part of my vision for our wonderful organization, the Kenyan Community in Korea, KCK .



Kamary: Young prof. passionate for Africa

How has your experience been so far being a foreign professor in Korea? Any challenges lecturing in Korea?

It's been great, especially so because I love teaching. It refreshes me when I engage young minds on wide range issues - philosophy, education, economy, media, religion and politics. On the other hand it is challenging; one because of conflicting worldviews (in Confucianism) and secondly because of language barrier.

You were invited to give a lecture about Korea-Africa bilateral relations at Busan Foundation of International Activities. What was the focus?

The lecture was mainly about telling the African story. To be specific ,about "Africa Rising" narrative and the place of Korea-Africa Economic Forum. Broadly, it is part of demystifying popular, yet incomplete, views about Africa. Nigerian prolific author, Chimamanda Ngozi Adichie, puts it even better, "The single [incorrect] story creates stereotypes, and the problem with stereotypes is not that they are untrue, but that they are incomplete." I probably shocked my audience with facts about Africa which most international media ignore.

You seem very passionate about Africa's development. What do you say to fellow Africans in the diaspora?

Begin by telling the African story and tell it realistically. There

are lots of gaps in the way Africa is understood and the implication is huge—disappointingly negative. More than that we need to develop a holistic worldview which inspires us to see Africa as a socio-economic and political theatre where we should seek genuine responsibility and passion for all-inclusive development. We got to love Africa and seek her welfare despite the daunting challenges that exist there.



Benson Kamary, Ph.D.
Professor, Kosin University

You are very young yet with great achievements under your belt. Would you be interested in mentoring other Kenyans?

That's quite a humbling compliment. Thanks. On mentoring, yes. I am a part of several mentorship activities and I would welcome anyone interested in exploring their vision, wisdom and talents and trying to answer the question "how should I then live?"

What does Professor Kamary enjoy doing when he is not at work?

I love cooking. Swimming, jogging and reading are the other hobbies.

WAIT A MINUTE 

Am I a feminist?

Dorothy is my friend. She is 27 years old, born and bred in Nairobi's Eastland estate. I went to the same university as she did. We did Literature at the University of Nairobi. It has been such a long time since we saw each other after our graduation on the 4th of December 2011. Now I have scheduled to meet her in the course of my vacation home. And yes, it is all planned and a date with her is set for somewhere towards the end of January. Dorothy works for an NGO in Thika, Kenya. She is a single mother to a 10-year-old girl Blessing. Blessing is all grown, I knew of this baby girl back in the campus days when I visited her with a blue polka dress for her birthday, now I am aunt favourite... Well, let me spare you the niceties in my world. This girl Blessing is what I want to write about.

In the month of February 2004, Dorothy was a form three student at a prestigious girls' school. She was the envy of everyone in the neighbourhood. Every parent wanted their daughter to be like Dorothy. She was a mass server at school and an active youth in the local Catholic Church. Her life was perfect. The father had many hectares of land in Mt. Kenya having been active in the former political regime. The mother was a homemaker. Dorothy was a well-nurtured virgin like many girls of this age.

In her world of happiness, misfortune stroke and it is one that changed her view of the world and the hope for being a UN diplomat someday. So this is how it happens... One day while she was walking home from

The life of a woman is a dreadful one, she is never too comfortable. A man never feels scared in a bus because he is the only one in a group of women. A man never wears three boxers because he is scared a woman might pounce on him.

a youth group meeting at 6 p.m., a car halts right behind her. Dorothy is blindfolded and thrown at the backseat of the car, which is then driven at high speed to where she has never known to date. In blindfold, the worst of her fears happens to her. She is violently commanded to strip off because they wanted to enjoy the look of her youthful glow. "Dee, you

don't know how easily you can give in when a cold blade is placed on your throat", Dorothy says as she fights back to hold the bitter memories of an encounter that she admittedly has never forgotten about.

Then he does the unthinkable. And boom, she is repeatedly raped for hours. They seem to enjoy all the blood flow. She has cried, begged, cursed, cried. Now she has nothing more save for energy to ask them to kill her. They have defiled her virginity. To Dorothy it seemed like a week. They go and come in turns, and she cries, cries, bleeds, passes out. She rolls on the floor in pain. The floor is now a mixed mess of tears, stool, pus, urine and male ejaculate all blending into a nasty aroma. On the last encounter in her memory, she has high fever. I wipe a tear that has been running a long non-stop chain... why why why?

They say we women have lost it, that we want to be seen talking about our feminine stuff because we have nothing else to offer humanity. They say we get raped because we dress skimpy. They say the boy child is suffering sexual violation too. They say we should stop doing miniskirts and thin trousers lest they get aroused. They say we should avoid any sort of provocation to the male sex, just in case we get punished in the way they think they know best. They say all this; I say you do not know what fibre a woman is made of. You do not know what a woman's life is. You do not know us!



By Dianne Rop
Daegu, Korea

Every day I wake up, I have to kneel down and cry to my God that I will get back to my house in a piece. I take 20 minutes each morning to pray for the safety of my sisters, my 4-year-old daughter and myself. Every day I ensure that my daughter is dressed in tights and any other protective gear before she goes to school. Every day when I get back home, I have to look under the bed to confirm that the house is safe; you might be thinking that I look for snakes. No. A worse possibility. I always question my landlord about single men who move into my estate. With me is a list of all my male neighbours and sometimes I get copies of the gate's visitors' book. I dress in several underwear, in case they might be of help. Any time I sit in a matatu and all around me are male, my blood pressure shoots. Who among them might be, or are they all...? I am keen to note more than one male board the bus. Why did they sit next to me? They seem to be throwing glances at me and communicating with each other. And who has the guy seated in front of me been calling for that long? Am I paranoid? Are these just fathers, uncles, and brothers going home? And suppose I get off because I cannot contain the fear anymore, will I meet the real one out there?

And when all is well and I get off, I begin to run wildly towards my house. I have a feeling someone is following me. I knock the gate in panic. The security guard takes too long. Oh no, he must have colluded with the one(s) following me. I am in panic and almost peeing on myself. Then the gate is opened, I scream at the gate man. Next time he should be careful. In town, I cannot take the backstreets, they might be somewhere there. It could be a man in a suit, a man in a pair of shorts, in a chef's attire, or a mad man. My guy friend gives me an after work coffee date at 6p.m. but I decline and ask him to make it lunch for Sunday (when it is daylight). He might be the person I keep fleeing from or he might keep me until dark then expose me to danger. Back at home, I am not sure about my uncle, my father, my cousin, my brother. At work, I feel as though the boss has been checking me out. Why would he say I have a great smile? And he shook my hand for a bit too long! Oh no, I am losing my sanity? And why was I promoted? Was it on merit really?

The life of a woman is a dreadful one, she is never too comfortable. A man never feels scared in a bus because he is the only one in a group of women. A man never wears three boxers because he is scared a woman might pounce on him. A man never panics when he receives a note from the lady boss saying, "I like that shirt". A man never gets offended having been spanked by an idling crazy street woman. A man never cares about his unbuttoned shirt when sun bathing outside his house, that he might be a woman's potential victim. A man is never scared when left in the company of sisters, aunts and female cousins! Yes, being a woman is hard enough. We live each day at a time. We look at the stories of sexually harassed girls on TV and we freeze dead. We fight battles deep in our hearts.

Dorothy is the story of many other women. She is a survivor. Women are tired of being born into the messy world it is already. They are tired of getting scared. It is time men gave women a hand in fighting the rape monster. If our men hold our hands, we will have nothing to worry about... Walking the journey together is what we need. This will be the starting point to saving our mothers, wives, sisters and daughters who are so dear to us. I am positive of a better future if our men do this favour and stop being a woman's enemy in her battle. Well, is that too much to ask?

Humour & Poetry

Direct Translation: Sheng-English

1. Hi heavy — niaje mzito
2. Wacha mchezo — leave sports
3. Mi si mtu hivi hivi — am not a person this this
4. Uko macho — you are eyes
5. Navuta sigara — I'm pulling a cigarette
6. Zichanganyechanganye — confuse confuse
7. Nimejaribu lakini wapi — I have tried but where
8. Naskia kizunguzungu — am feeling english english
9. We ni kiboko yao — you are a hippopotamus of them
10. Acha mdomo mingi — stop many mouth
11. Achana na mimi — stop with me
12. Nasikia ubao — I feel blackboard
13. Acha umama — stop mothering
14. Ukifika nistue — when you reach scare me
15. U look good — unaangalia vizuri
16. Wasee walimwagika kwa floor — People poured on the floor
17. Dereva alikanyanga mafuta — the driver stepped on the fat
18. Nasikia baridi — am hearing the cold.
19. Umetupa mbao — you have thrown timber
20. Ni mbaya kuruka — it's bad to jump
21. Acha kuniekelea — stop putting on me
22. Private school — shule nyeti
23. Naumwa na tumbo — the stomach is eating me
24. Ni saa ngapi — how many watches is it



Laywer vs Witness

Lawyers should never ask questions if they aren't prepared for the answer.

In a trial, a Southern small-town prosecuting attorney called his first witness, an elderly woman to the stand.

He approached her and asked, 'Mrs. Jones, do you know me?'

She responded, 'Why, yes, I do know you, Mr. Williams. I've known you since you were a boy, and frankly, you've been a big disappointment to me. You lie, you cheat on your wife, and you manipulate people and talk about them behind their backs. You think you're a big shot when you haven't the brains to realize you'll never amount to anything more than a two-bit paper pusher. Yes, I know you.'

The lawyer was stunned. Not knowing what else to do, he pointed across the room and asked, 'Mrs. Jones, do you know the defense attorney?'

She again replied, 'Why yes, I do. I've known Mr. Bradley since he was a youngster, too. He's lazy, bigoted, and he has a drinking problem. He can't build a normal relationship with anyone, and his law practice is one of the worst in the entire state. Not to mention he cheated on his wife with three different women. One of them was your wife. Yes, I know him.'

The defense attorney nearly died.

The judge asked both counselors to approach the bench and, in a very quiet voice, said, 'If either of you idiots asks her if she knows me, I'll send you both to the electric chair.'

Sound of My Voice

By Emilia Achi

A weak sigh
Barely breathing
Living creature inside me
Growing
Impossible to control
Needs to be set loose
Through the sound of a voice

But this silence
The kind of silence
That could go for a life time,
The silence
That could scatter every bit of me
The silence
That could wear me down

Efforts claiming every ounce of my strength
Burning-
Paralyzing feeling of parched depression
Hope sucked out of reality
Slaved by humility
My mind needs to be free
My efforts need to be calm

I found a voice
A voice that needs a listening ear
A listening ear that needs understanding
Eyes too weary to watch what life entails
But voice still fresh.

The sound of this voice terrifies me
The sound of this voice, thin but high-pitched
The sound of this voice is a tell-all.

Mlevi na mke wake...

Basi mlevi mmoja kooa mke mbadhirifu...

Mkewe hakuweza kutulia kwenye ndoa hata siku moja.

Siku moja mkewe akiwa anajivinjari na msela, mlevi akarudi nyumbani bila kutarajiwa.

Mke yule mkewe akamwambia msela, "Usiondoke, lala hivo hivo. Mume wangu mlevi hatagundua."

Msela akalala na kutulia tuli.

Naye mlevi akiwa chakari, akapanda kitandani mle. Wote watatu wakalala... Baada ya muda kidogo mlevi akagutuka, akagundua utofauti pale kitandani, akahesabu miguu na kuona ipo sita, akamtikisa mkewe, "Ala! Mke wangu, mbona miguu ipo sita nani kalala hapa?"

Mkewe akanjibu kwa ukali, "Toka hapa na ulevi wako, miguu sita itoke wapi hebu shuka kitandani uhesabu vyema!"

Mlevi akashuka, akahesabu kwa sauti, "MOJA... MBILI... TATU... NNE... AHAA KUMBE KWELI NILIKOSEA KUHESABU, SAMAHANI MKE WANGU."

Nami nikiwa tu naskia matukio huku nimejificha karibu na dirisha lao, bedroom. (By: Eliud Karimi)





Love:Matters of the heart

Love is...



A ball of warmth on a cold winter night
A packet of ice on a hot summer afternoon
A sweet fragrance on a beautiful spring morning
A cup of tea on a chilly autumn evening

Love does not make my heart skip a beat,
No, it makes my heart dance to the rhythm of the night.
It makes my feet defy gravity and sway away with you.
It makes my lips tremble at the sight of you.

Love is what remains
When selfishness is subtracted
The sobriety that comes
With clearing the mist of fluttering feelings
The decision to stand by you
Through thickening of the waistline
And thinning of the wallet
Coz you my darling, are the fairest of them all.

By Ann Kinyua , Korea

Recalling the bliss: My homeland, Kenya

Nothing beats the hot Nairobi weather in January! When it gets to 11 am and you are not out of the house, be ready to face the sun's fiery rays. However, the sun can't always be too hot for the Nairobi people and outdoor activities always rock.

My younger sister, Ally, likes outdoor activities and for ages we had been planning to go visit one of my uncles that works at the Nairobi national Museum. The last time I visited the museum, I was a primary school student and all I cared about was how I could memorize as many items in the museum as I could, so that I could win a prize. However, this time I went to enjoy nature. Just as beautiful as it was back then, The Nairobi National Museum still stands out. The multicolored entrance is enough to explain all the magnificent details inside the museum. The moment you set foot at the first gallery, talented pieces of art are displayed. All the pieces have a deep meaning and none fails to show the creativity of the artist. The young artists who are between 17-22 years of age clearly know how to play with colors and materials which are mostly recycled. These young artists are trained to perfection by the National museum right after high school.

In the next hallway, a gallery full of hundreds of species of birds from East Africa awaits. It has around 1300 species exhibited. The birds have been preserved so as to be able to showcase them in the most natural way possible. In the hall just after the birds of East Africa, there is a famous showcase of "know thyself" which shows the early man and how the early man lived.

There is a section which has a great display of framed photos beautifully aligned and as one goes up the staircase photos become clearer. The photos tell a story of the historical Kenya after independence and the second floor of the building explains the Kenyan story before, during and after colonialism. From leaders like Dedan Kimathi, to how the railway came to be, is all explained in a simple but detailed manner. Just a few meters from the galleries, there is a snake park and an aquarium. There are also different species of snakes and fish. There is so much to see such that if not careful, be prepared to spend at least more than three hours in the museum. In the end...it was a short visit which turned out to be memorable and made my affinity for Nairobi grow.

By Juliet Okoth, Seoul

Koreascape: Adventures in the Land of the Morning Calm

By Hilary Kimuyu , Nairobi

Living in one country for a long time can be a wonderful adventure. I lived in South Korea for six years. Traveling, writing, and taking photographs are my lifelong passion. While there, I visited a new place, event, or festival every single week; that took me all over Korea. Some joked about it and even called me a nomad!

As a foreigner in Korea, a lot about Korea was also foreign to me; plenty new customs, interesting people, and exotic places. Since the country is small with a well connected transport system, I could make a weekend trip almost anywhere in the country. Make it a three-day weekend and a number of neighboring countries are open to you.

One of the advantages of staying in one country for a long time is that you get to deeply learn the culture, the people, and even the language, first-hand. Living as a local helped me appreciate the locals' daily habits, like shopping and eating; I even knew which vendors had the best street food!

That pizza place down the street knows you by face, and the sajangnim (manager) occasionally throws you a little extra something ("ser-bi-suh!" or "service!" as Koreans call it) for being a loyal customer.

When time comes that you have to leave your new 'home', you may feel like you're letting people down, and the longer you've known them, the harder that connection will be to break. Of course in this era of Skype, e-mail, and cell phones you can always hit them up - but physically moving away definitely changes the relationship.

To feel the essence of travel, it has to be a part of your lifestyle. If you're Facebook or Twitter savvy, you can update and impress your followers with pictures or videos when you are traveling. Bon Voyage! :D

Let's talk relationships, shall we?

I met and made a new friend on the set of a movie a while back. I love that he is funny and loves to dance. Oh! He is Italian too. For some reason, he said he expected me to dance like Beyonce. Needless to say, those that know me know that I am as stiff as a stick. Anyway, my new friend, Marko, later said he was just being stereotypical, expecting all black girls to move like and sing like Beyonce.

We have become quite good friends since then, but our communication is very poor, as far as *Kakao Talk* is concerned anyway. We often find ourselves talking at cross-purpose, but we end up laughing about it when we realize what is happening. The other day, I casually joked with him and said we should take a "communication class", and as you would guess, we laughed about it.

Although Marko and I are not having trouble communicating about serious issues, a lot of us are. I believe a lot, if not all people value good

**You want to be happy?
Avoid unnecessary
heartache and maintain
good relationships
by learning how to
communicate.**

communication. I know I do. Often, a problem can escalate if communication between two people is not good. I have experienced it time and again. It may not be easy to detect, but after several times you start to see a sequence and question yourself, wondering if you are doing something wrong.

I would say not everyone is good at expressing their feelings, girls especially. It is easy for us to have a problem eat us up and as much as we would want to say how we feel, it becomes hard to. That in one way I guess explains why girls stay in relationships they should get out of. They try to speak their feelings so that things in the relationship can change for the better, but it is hard for them to and out of fear of hurting the man's feelings, they choose to stay although it hurts them. Now, it is very easy for us to say, just tell him how you feel, but that is easier said than done.

Ever experienced someone picking up a fight with you because they do not know how to or do not want to address the real issue? Well, I have, twice. And frankly, I think once would have been enough to last me a lifetime. But, this is life. Someone I once knew lived with a person she considered to be her best friend. They had a great relationship that amazed and even impressed people. They seemed to be as close as sisters, despite having no blood relation.

The bond lasted a few years, up until one of the girls started seeing someone. Let us call this girl, Candy and her friend Salty. Candy was very cautious in this new budding relationship and although she was best friends with Salty, she at first said nothing about it for fear of being judged and facing disapproval. However, it became obvious that something was going on with Candy and eventually, she let the cat out of the bag. Salty, being the wonderful friend that she was, was extremely happy for and supportive of Candy, so much in fact that it surprised Candy and her new love.

This joy and support was however short-lived. A strain started to develop in the girls' relationship and a lot of tension developed too.



By Mariha Wanjiru
Contributor, *Social Trends*

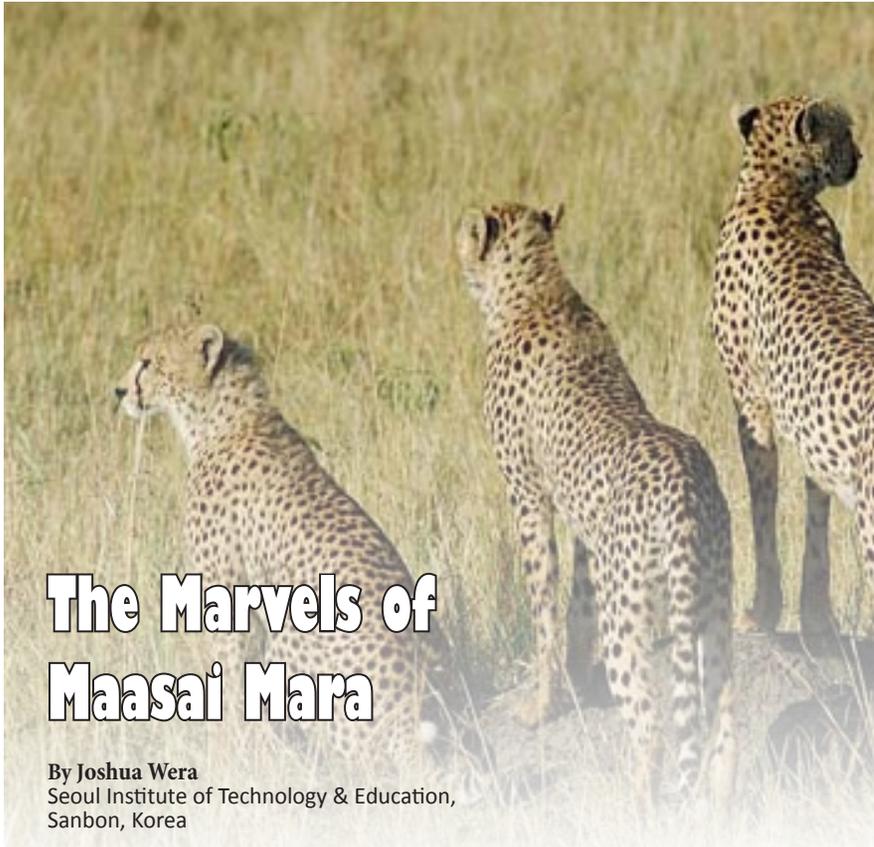
Where once the girls' house was filled with laughter silence replaced the atmosphere. Evenings became torturous and both could not wait for bedtime so that they would not have to pretend that everything was ok when it obviously was not.

The real issue was that Candy had not confided in her best friend about her being with a man. It was evident that this had not gone well with Salty but she had been careful to hide her true feelings and chose to cover up the real issue. I am not trying to defend Candy, but I believe she had her reasons for not telling the whole story to Salty. If Salty however had spoken to Candy about how she felt, maybe hurt and not trusted, (I know this is also easier said than done), more heartache would have been avoided and most importantly, a great friendship would not have come to a sad end. Although the issue was resolved, or so they thought, the relationship between Candy and Salty was never the same again and although they tried to keep talking and be friends, the original bond had been broken and could never be repaired.

This is all to say that communicating, and doing so honestly, is vital in any relationship. I am not the best at it and if left to me, I would prefer to never talk about anything and instead try to solve life's issues by myself. But I know better. Like a good friend of mine keeps telling me, I cannot live in this world alone and think that I can deal with everything myself. I need others and in order to live harmoniously and peacefully with them, I have to brave up and up my communication game.

If you have a problem with someone, and you most certainly will, try your very best to talk it out and again I say, honestly. Talk about what is really bothering you. One thing about us humans is that we can 'smell' dishonesty from a mile away. If you are not being honest with me, I can tell, even if not at the moment, eventually I will.

When we realize that we have been played a fool we resent the other person and that destroys a relationship, and believe me when I say it is near impossible to go back to how it once was. You want to be happy? Avoid unnecessary heartache and maintain good relationships by learning how to communicate.



The Marvels of Maasai Mara

By Joshua Wera
Seoul Institute of Technology & Education,
Sanbon, Korea

Open your eyes and see
The marvelous Maasai Mara National Reserve.
The new seventh Wonder of the World.

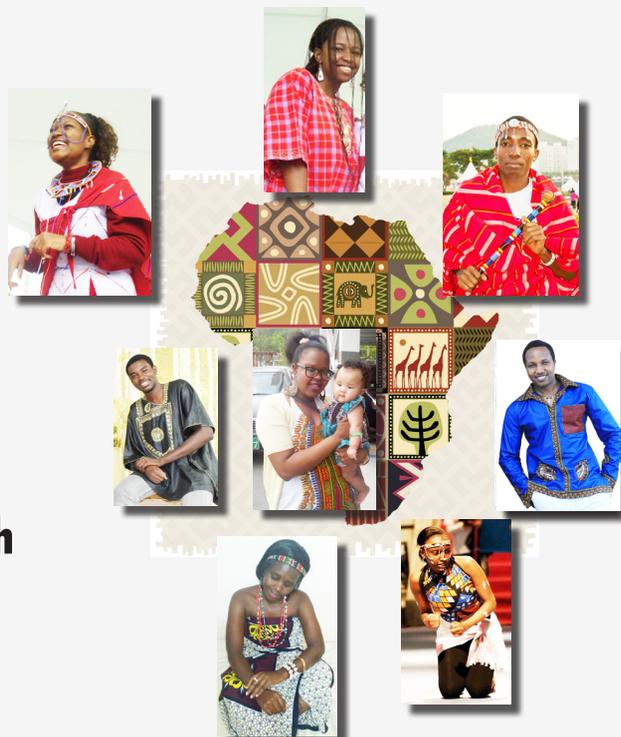
All the grass standing tall in style,
Not only dance around in style,
When the wind blows around in style.
But all this grass standing tall in style,
Do also dance around in style,
As the cats hunt around in style.

A walk down slope of the Mara River,
Tunes your mind to a great phenomenon.
Gnu phenomenon is not new phenomenon
And has been a manifestation from the days of creation.
Sitting still are crocodiles in unstill waters,
With strong jaws ready to make strong draws
Of every crossing gnu after every crossing gnu.

Even crossing zebra has no zebra-crossing;
And soon after gnu's turn comes his new turn.
He dives into the river in a shiver.
And like a worm crawling out of a bird's beak
He defies jaws in the pool to rejoice across the pool.
The particular spectacular is purely 'Do or Die'
All these marvels make the marvels of Masai Mara.

An African Mosaic

**"I dream of an Africa which
is in peace with itself."
-Nelson Mandela-**





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Size: 40ft x 80 ft with ready titles
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Location : Milimani 4km off Namanga road
Price:Kshs.550k
- 3. KITENGELA (Site 2)**
Size: 1/4 acres with ready titles
Location : Near Ostrich farm 1km off Namanga road
Price:Kshs.2.2M
- 4. RUIRU (Site 1)**
Size:1/8 acres with titles
Location: 200m from Thika rd and 100m from Eastern by pass
Price: Kshs.1.2M



- 6. RUIRU (Site 2)**
Size:1/8 acres with titles
Location: 3.5 from Thika rd and 2 km from Eastern by pass
Price: Kes.600k
- 7. RUIRU (Site 3 &4)**
Size:1/8 acres with titles
Location: 3.5km from Thika rd and 0.5km from Eastern by pass
Price: Kshs.1.2M

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Jambo! Welcome to Magical Kenya. No other country on earth can offer the visitor as much to see and do. Within the borders of a single country, you will find savannahs rich with big game, timeless cultures unchanged by the modern world, pristine beaches and coral reef, equatorial forests and mighty snow-capped mountains, searing deserts and cool highland retreats and endless opportunities for adventure, discovery, relaxation; more than you would ever expect...



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